

22 Meadowvale Rd.  
West Hill, Ontario  
M1C 1R8  
April 12, 1996

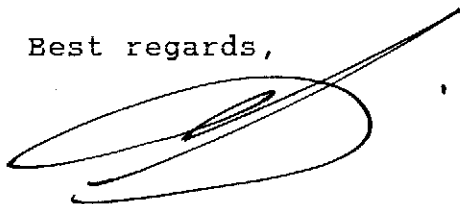
Mr. John Hackett, President,  
Scarborough Cross Country Ski Club,  
P.O. Box 97534,  
364 Old Kingston Road,  
Scarborough, Ontario.  
M1C 4Z1

Dear John,

Joyce and I very much enjoyed the Pub Night at the end of March. It is heartwarming to know that the Club is still in good health. And I was particularly delighted to see Fred Burgener, who, with Norm Wainio, was one of the first two ski instructors and - with Paul McNabney of Scarborough's Parks Department - was very helpful in my efforts to bring the Club into existence.

Still in this nostalgic vein, you, or whoever is responsible for the Club's archives, might be interested to have copies of some of the early documents leading up to and recording the Club's first winter.

Best regards,

A handwritten signature in black ink, appearing to read 'Brian C. Greggains', with a large, sweeping loop at the end.

Brian C. Greggains  
Encl.

Mr. Alec Vanderzand  
Asst. Dir. of Rec.  
Rec. & Parks Dept  
150 Borough Drive  
Scarborough, MLP 4N7

Statement by  
Bruce Fleury, Commissioner  
Parks and Recreation Department  
Borough of Scarborough

Local Cross-country Ski Club

With the rapidly increasing popularity of cross-country skiing our Parks and Recreation Department has been giving serious consideration to providing better facilities for this sport within the Borough. After all, one shouldn't have to travel a long distance for cross-country: in theory one should be able to step out of the back door and go.

While we cannot promise such easy access to the sport as that, we are nevertheless taking some positive steps to give some service to our local cross-country enthusiasts.

Provided we see sufficient expression of interest we intend to lay down cross-country tracks in certain portions of Adam's Park and to designate the areas where these tracks are as being exclusively for cross-country. The use of a change-room will also be supplied in the field house facility within the Park.

To gauge the degree of interest there may be in local cross-country activities, we are lending moral support to the efforts of a local man, Brian Greggains, who plans to set up a cross-country ski club with the Adam Park's facilities as the initial club setting. He is looking for individual and family memberships and it is hoped that club activities will not be confined to Adam's Park but will take the form of visits to other ski areas, winter picnics, preparing an inventory and evaluation of Scarborough cross-country potential, and so on.

A meeting to discuss the Adam's Park project, the proposed club and cross-country skiing in Scarborough, will be held on \_\_\_\_\_, at \_\_\_\_\_.  
All will be welcome.

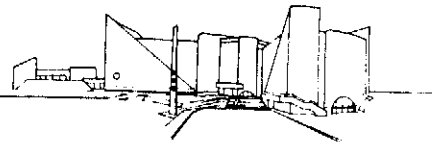
. . . . .

## Borough of Scarborough

150 Borough Drive

Scarborough, Ont. M1P 4N7

Refer to P...McNABNEY... Telephone (416) 438 -7415



October 16, 1978

Dear Cross Country Skiing Participant:

The Organizing Committee of the Scarborough Cross Country Ski Club, in co-operation with the Scarborough Recreation and Parks Department, will be holding a meeting to establish the Scarborough Cross Country Ski Club.

The purpose of having such an organization would be to establish:

1. - a local Scarborough focal point and facility for cross country ski enthusiasts.
2. - the development of many Scarborough Parks areas for cross country skiing.
3. - instructional programs.
4. - a social atmosphere bringing together people with the same interest in this rapidly growing sport.

To make such an organization work it takes manpower and enthusiasm.

The organizing meeting will be held at Cedarbrook Community Centre, 91 East Park Blvd., Markham south of Lawrence Ave., on Wednesday, November 15th at 7:30 p.m.

If you are interested in helping to establish cross country skiing in Scarborough or just looking for a local place to ski, this meeting will be of interest to you.

Yours truly,

PAUL McNABNEY  
Recreation Supervisor of  
Sport Schools

PMc:dlb

April 16, 1979

Mr. Bruce Fleury, Commissioner  
Recreation and Parks Department  
Borough of Scarborough  
150 Borough Drive  
Scarborough, Ont. M1P 4N7

Dear Bruce:

At the end of this winter season, I just wanted to express my thanks for the fact that (a) you moved last year to support me in my endeavour to get a cross country ski club going, and (b) that support came in the form of Paul McNabney, who has indeed been of considerable assistance.

Despite a not very good cross country winter, the club is well established with approximately 100 members and we have a nucleus of enthusiasts who are bound to keep the organization going.

Yours sincerely,

Brian C. Greggains.

BCG/pc

## SCARBOROUGH CROSS COUNTRY SKI CLUB

Newsletter #2  
1979-80 Season

December 3, 1979

### PRESIDENT'S REPORT

About 60 people turned out on November 14 for the first get-together of the new season. A lot of familiar faces! And some welcome new ones as well.

#### Discussion Topics

Using the October 31, 1979 Newsletter as the basis of an agenda I went over the various points it contained. There seemed to be general agreement about the membership rates for first and second year members.

Those present were reminded about the weiner roast and waxing clinic on December 2, the car hike on November 24, Norm Wainio's ski lessons and the pre-ski limbering up evenings. Fifty people have signed up for the lessons and 23 expressed interest in the pre-ski fitness programme. The first evening of this programme, 16 were out.

#### Volunteers

Volunteers are needed for a variety of jobs in the club. Particularly, if any of you have specialist talents which could be of help, do please let me know.

#### Beginner's Classes

At the general meeting Norm Wainio emphasized that the instruction he will provide the club is not intended to be complete. He strongly recommended that beginners sign up with the borough's ski classes provided through the Parks and Recreation Department.

#### Parks and Recreation Department

Application forms for the borough classes have been thoughtfully provided by Paul McNabney of Scarborough Parks and Recreation Department. He introduced Marie Beck, his new assistant who will be working with the club.

Paul told the meeting that the club had again been granted the use of Adams Park as a home base. No washroom facilities, unfortunately, but the borough hopes to provide us with a heated change room. He reminded members that for our own safety we should stay well clear of the toboggan run.

#### Trail Groomer

Paul McNabney told us the borough is considering the purchase of a trail groomer. He believes the purchase would more readily be approved if the club were to contribute 20% to 25% of the estimated price of the machine (approximately \$750). Your executive was to discuss this at its next meeting although I expressed the feeling that this assistance would most likely be forth coming. It is after all, in our own interest to have a trail groomer in the borough.

#### Treasurer's Report

Bruce Scott, Treasurer, reported the balance as of the meeting at \$991.00 with more money still coming in from memberships. As of the date of this newsletter, 63 applications have been received

#### Conclusions

Anyway, the snow will soon be down and waiting for us. Do make sure you have paid your membership dues so we can have the pleasure of your company on the trail.

Think snow!

Brian Greengains, President. (Tel. 284-9445)

## MINUTES OF EXECUTIVE COMMITTEE MEETING

November 30

Present: Brian Greggains, President  
 Bruce Scott, Treasurer  
 Sarah Walker, Secretary  
 Anne Hannah, Membership Director  
 Norm Wainio, Instruction Director  
 Edna Harris, Director  
 Harry Harris, Director  
 Fred Burgener, Director  
 Sherry Scott, Member

Absent: Ray Crites, Vice President

Appointments

Two appointments were made to the executive committee to fill vacant positions for the remainder of the term:

Second Vice President, Gerard Baribeau  
 Secretary, Sarah Walker

Trail Groomer

The proposal made at the general meeting that the Ski Club contribute towards the borough's purchase of a trail grooming machine was discussed. The total cost is about \$750, of which it was agreed that \$200 would be a suitable contribution. It was pointed out that the groomer would be towed by a borough tractor and operated at no cost to us by a borough work crew throughout the season. It was decided to write a letter to Parks and Recreation with our offer.

Constitution

A committee has been appointed to draw up a constitution for the Ski Club. Its members are Brian Greggains, Bruce Scott and Ray Crites. They were instructed to have it ready by the end of December. It will be presented to the members at the next meeting in January for their approval.

Membership Report

Anne Hannah reported on the state of the 1979-80 memberships:

42 family memberships  
 32 single members  
 74

This includes 36 renewals. Members are reminded that fees were due on Nov. 1.

\$15.00 family membership  
 8.00 individual membership

For last year's members whose terms expire on December 31 the adjusted fees are

\$10.00 family membership  
 5.00 individual membership

(An application form is included with this newsletter.)

Elections

Elections will be held at the general meeting in January for the positions of president, vice president, secretary, treasurer and six directors. Audrey Hawkins was appointed to head a nominating committee to draw up a slate of nominations for these positions. Further nominations will be open at the meeting to any member.

Weiner Roast

Plans were finalized for the weiner roast on Sunday.

Minutes of Executive Committee Meeting Continued.

Director of Instruction

Norm Wainio has been making plans for classes to be held for novice and intermediate skiers. At the last general meeting 50 people put their names on his list. A detailed information sheet appears later.

Programme

The programme committee presented its plans for ski tours for the first part of the season. Details appear later. A wilderness camping tour is in the planning.

Badges

The Ski Club will have identification ribbons available at the start of ski tours or lessons to be pinned to one's hat or shoulder. Norm Wainio agreed to look into obtaining identification buttons.

Exercise Class

The first exercise class under the instruction of Gail Beck was attended by 15 people. It was agreed that the project is very beneficial. Details appear later.

Canadian Amateur Nordic Ski Instructors Safety Course

The C.A.N.S.I. Safety Course in January was brought up. It was decided not to send a representative as several of our members are graduates of the course. At the January meeting John Murdock will give a talk on Ski Patrolling in Ontario and Ski Safety.

PROGRAMME OF INSTRUCTION

Director Norm Wainio

1. This schedule is subject to the availability of snow.
2. Lessons are geared to beginner skiers, novice skiers, and intermediate skiers who wish to improve their technique.
3. Come to one lesson or come to all of the lessons. No advance registration is necessary.
4. Cost is \$1.00 per hour - a great bargain.
5. Recommended age is 12 years and older.

Schedule of Instruction

| <u>Date</u>   | <u>Time</u> | <u>Place</u>                   |
|---|-------------|--------------------------------|
| Dec. 9  | 1-3 PM      | Adams Park                     |
| Dec. 15   | 1-3 PM      | Adams Park                     |
| Dec. 16   | 10 AM       | Morningside Park <i>Wainio</i> |
| This is a special tour for students lead by Fred Burgener. No charge. |             |                                |
| Dec. 17   | 1-3 PM      | Thomson Park                   |
| Dec. 30   | 1-3 PM      | Thomson Park                   |
| Jan 7   | 1-3 PM      | Thomson Park                   |

## TOUR PROGRAMME

1. Each tour will have a leader. A special welcome is extended to novice skiers.
2. Tours begin by congregating at Cedar Heights Shopping Plaza parking lot (NE corner of Markham Road and Lawrence Avenue East) at the specified time.
3. In the rare event that cancellation or change of plans becomes necessary someone will be at Cedar Heights Plaza to notify skiers. Remember, if conditions are rain in Metro, new powder snow is probably falling somewhere north of us.

| <u>Date</u>   | <u>Time</u> | <u>Place</u>                        | <u>Cost</u>    | <u>Leader</u>   |
|---|-------------|-------------------------------------|----------------|-----------------|
| Dec. 16   | 10 AM       | Morningside Park                    | free           | Fred Burgener   |
| Meet at Morningside Park parking lot. Tour for novice skiers and others.                          |             |                                     |                |                 |
| Dec. 23   | 10 AM       | Bruce's Mill Conserv-<br>ation Area | \$2.00<br>/car | Norm Wainio     |
| This is to be a family tour and picnic. Children welcome. Skating too if the pond is frozen over. |             |                                     |                |                 |
| Dec 26  | 9:30 AM     | York Regional Forest                | Free           | Fred Burgener   |
| One to twenty mile trails. Novice and intermediate skiers. Others, too.                           |             |                                     |                |                 |
| Jan. 5  | 9:30 AM     | Ski Woodnewton                      | Free           | Gerard Baribeau |
| Jan. 6  | 9:30 AM     | Rouge Valley Park                   | Free           | Ray Crites      |

PLEASE NOTE - ONLY FOR THE TRIPS TO BRUCE'S MILL, YORK REGIONAL FOREST AND SKI WOODNEWTON WE WILL ASSEMBLE AT CEDAR HEIGHTS - FOR THE TOURS OF MORNING-SIDE PARK AND ROUGE VALLEY WE WILL MEET AT THE ACTUAL PARK.  
EXERCISE CLASSES

Instructor, Gail Beck

Dates: Tuesdays, December 6, 13, 20

Time: 8:00 PM

Place: Cedarbrook Public School

Cost: Free

Registration: None

Equipment: Gym shoes required.

## BRUCE TRAIL HIKE

November 24, 1979

On Saturday morning eight skiers met at our usual Cedar Heights Plaza for a walking hike. After an hour's drive we arrived at the Dundas Valley Conservation Area. Ray Crites, our leader showed us the way to Sulphur Springs Station, and from there we set out on our 8-mile adventure. Walking through the woods on wide, soft, muddy trails we came to the beautiful ruins of Hermitage House. Out came Bernadette's camera.

Our next sighting was the gatehouse, with two pansies still blooming in the garden. Further in the forest we arrived at the apple orchard. The apples were greatly appreciated by all, especially Barbara who was already hungry. While collecting the apples Ted lost one of his gloves. It was soon recovered when he and Bruce backtracked. We left the orchard and climbed a large hill to see a grand view of the Hamilton area.



### Bruce Trail Hike (Continued)

Located on the Bruce Trail is Sherman's Falls, a beautiful and serene setting. The sun was shining and everyone agreed this was a good place to eat lunch. Refreshed and ready to go we crossed the bridge and climbed a rocky trail through the thick forest. The highlight of our day was sighting three deer in the thicket, spotted by Marg, Len and Ken.

As we headed back we saw another scenic waterfall, then climbed a very large hill to view the surroundings. Back at the station we had a warm drink and pleasant rest. All eight hikers had a perfect day.

Barbara

P.S.: A nice place for a ski outing.

### WAX CLINIC AND WEINER ROAST

December 2

This event was well attended. Our appeals to the snow spirits for a snowfall was answered by a generous snowfall the day before. Clear skies and below freezing gave us perfect snow conditions in Cedarbrook Park. First we met in the Community Centre for a demonstration on ski waxing by Fred Burgener and Norm Wainio. Then we applied what we learned to the base of our skis and went into the ravine for a practise run.

Around a blazing fire we ate roasted hot dogs and drank pots of steaming cocoa. By unanimous agreement it was a splendid start to the ski season.

### NEXT MEETING

Date: January 9, 1980 -(Wednesday)

Time: 7:30 PM

Place: Cedarbrook Community Centre

There are important matters to be discussed at this meeting and all members should be present to participate in making the decisions that will ensure that our Ski Club succeeds and provides the services its members desire.

### EDITOR'S NOTE

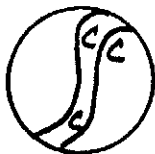
Items of interest to Ski Club members can be published in future newsletters. Telephone Sarah Walker at 438-4826.

### CREDITS

This newsletter is very kindly printed and sent to you by the Scarborough Parks and Recreation Department.

SCARBOROUGH CROSS COUNTRY SKI CLUB

NEWSLETTER



DECEMBER 26, 1979

\*\*\*\* EXTRA \*\*\*\*

REMEMBER: General Meeting, January 9, 1980, 7:30 p.m.  
Cedarbrook Community Centre

The lack of snow at this festive time of year is very depressing to all enthusiastic skiers. Even today, there was only one X-C area in "southern" Ontario with any skiing (Bear Trail Inn), and the conditions there were "poor". Now, let's look toward 1980 and our ski program.

To briefly explain our program, it is helpful to know what we mean by a "Tour".

For all tours outside the Metro Park System, we will meet at Cedar Heights Plaza. This allows for defining the day's tour group and, in this energy expensive time, we can car pool. The group will leave Cedar Heights to meet again at the designated ski area (if conditions are poor at the chosen ski area, we have the opportunity of changing destinations at Cedar Heights and will arrange for posting of a notice for late comers).

The purpose of our tour skiing is to:

- learn new ski techniques;
- improve our skiing;
- have FUN doing both.

When we arrive at the ski area, we will divide into (usually) three groups; those who want:

- a pleasant ski at a reasonable pace;
- a faster pace, but not a race;
- the weekend jock who wants to burn the full week's calories before noon.

Once divided, we journey off for our ski tour. The plan is for everyone to meet at a pre-determined location for lunch - fun for all and a time to share the adventures (or misadventures) of the morning of skiing. After the lunch "party", it's on to more skiing (those with things to do can return to the salty city at this time).

The afternoon contains more skiing but by now there are usually only two groups (the jocks are dragging their poles and slow down). It's at this time other skiers can join the groups if they had other activities in the morning. The afternoon is at a slower pace, which allows those skiers who want to get help from the "Club semi-pros" to get this free advice (we all know the value of something that's free). Don't let this scare you, at anytime/anyplace, fellow skiers will attempt to help, advise and coach.

We usually end our ski day around 4:00 p.m. so that everyone can return home by dark. So come along and ENJOY our ski days - through ski touring, you can improve, enjoy and beat winter at the same time.

We have attempted to provide a full winter schedule of fun ski tour days with the types of outings described as follows:

- F - Formal Outing (usually buses)
- O - Organized
- I - Informal - join us in a fun day of skiing referred to by many as SNAFU (Skiing NORDIC is Always Fun with Us).

Cedarbrook Community Centre will be open to Club members on all weekends. If you are unable to join in an out-of-town tour and want to get in a few hours skiing, Club members will usually (snow willing) be found skiing from Cedarbrook to Thompson Parks. Wear your name badges and be recognized by another SCCSC skier.

G.P. Baribeau  
(264-4527)

# SCARBOROUGH CROSS COUNTRY SKI CLUB

## 1980 TOURS

| DATE       | TYPE | TIME  | PLACE (All tours except Metro<br>Meet at Cedar Heights) |       |
|------------|------|-------|---|-------|
| <u>Jan</u> |      |       |   |       |
|            |      |       |   | *     |
| 5          | F    | 9:30  | Woodnewton (Freebe)                                     |       |
| 6          | I    | 9:00  | York Regional Forest                                    | 14 km |
| 12         | I    | 9:00  | Claremont Conservation Area                             |       |
| 13         | O    | 9:30  | Trillium Valley Ski Area (Molstar Nordic)               | 16 km |
| 19         | F    | 9:00  | Ganaraska Forest  | 14 km |
| 20         | I    | 1:30  | Morningside Park  | 20 km |
| 26         | I    | 9:00  | York Regional Forest                                    |       |
| 27         | O    | 12:00 | Pickering Trail   |       |
| <u>Feb</u> |      |       |   |       |
| 2          | O    | 9:00  | Mosport X-C Ski Park                                    |       |
| 3          | O    | 1:00  | Metro Zoo   | 10 km |
| 9          | F    | 9:00  | Woodnewton  | 8 km  |
| 10         | I    | 12:00 | Rouge River (Twynne River Drive)                        | 14 km |
| 16         | I    | 9:00  | York Regional Forest                                    |       |
| 17         | O    | 1:00  | Cedarbrook Community Centre                             |       |
| 23         | F    | 8:30  | Dundas Valley Cons. Area                                |       |
| 24         | I    | 9:00  | York Regional Forest                                    | 15 km |
| <u>Mar</u> |      |       |   |       |
| 1          | O    | 9:00  | Caribou Trails  |       |
| 2          | F    | 1:30  | Wilket Creek/Serena Gundy Park                          |       |
| 8          | O    | 9:00  | Mill Run  |       |
| 9          | I    | 9:00  | Molson's - Barrie                                       |       |
| 15         | O    | 9:00  | Ganaraska   |       |
| 16         | I    | 9:00  | York Regional Forest                                    | 20 km |
| 22         | O    | 9:00  | Trillium Valley Ski Area                                |       |
| 23         | I    | 9:00  | York Regional Forest                                    | 14 km |
| 29         | F/B  | 8:00  | Horseshoe Valley - BUS                                  |       |
| 30         | I    | 9:00  | York Regional Forest                                    | 63 km |

\* Total length of available trails -- shorter tours from 2 km in all ski areas.